
ORGANIZATION

MAIN AREAS OF WORK

FFP – The organization for family and friends of prisoners

Managing director:
Hanne Hamsund

email: hanne@ffp.no

Adr. St Olavsgt 21B
0165 Oslo

FFP (The Organization for Family and Friends of Prisoners) give support, information and counselling to children, young people and families of prisoners as well as support groups and recreational activities for the families. FFP raises awareness through lobbying and informational work, and has a close dialogue with the Correctional Services.

In the last few years, FFP has experienced an increase in the number of inquiries from family members of prisoners who are charged or convicted of sexual offense in a variety of categories. They get support via phone, e-mail, chat and counselling face to face. They also take part in activities and support groups to meet others where they can share experiences without being stigmatized. In FFPs support group for parents of prisoners, the vast majority has a grown child between the age of 18 and 25 who is serving a sentence for this kind of criminal offense. FFP is currently finishing a leaflet about the situation for the families, targeted both at the families themselves but also to raise awareness to others

Kirkens bymisjon – Church city mission

Managing director Drammen:
Anders Steen
Anders.steen@skbd.no

Managing director Tønsberg
Ole Loe Andersen
Ole@skbv.no

FRI offers a variety of support to former prisoners often starting their involvement before release from prison. FRI works closely with the prisons and the probation offices in the correctional services, region south, in order to assist in reintegrating prisoners into society.

They offer §12 – serving the reminding part or part of ones sentence in an institution/drug rehab.facility.

They offer activities during ones spare time.

They offer help getting in touch with drug counselors, with social welfare counselors, dentist appointments give advice on how to obtain a suitable place to live, physical activities/training. Help opening bank account and getting ones passport/ID credentials in order.

FRI train the prisoners on how to obtain work and how to keep a job. FRI is not drifted by earlier inmates only but employ both professionals with no background from criminal activity as well as former prisoners. They believe in combining experience and education on different areas. This makes FRI see the challenges from at least two perspectives, one from the «inside» and one perspective from the «outside». FRI is working together with public sector and municipalities as well as professionals in different areas.

FRI have a separate department observing child and family oriented perspectives. They give advice and administer programs on behalf of the prison and probation offices, teaching inmates on how to become a better father and a better partner. They work close with the child protection agencies and are able to bring children to visit their parent in prison if the proper criteria's have been met.

Røde Kors – The Red Cross

Visitor services

Supervising director:
Carola B. Ruud
email: carola.ruud@redcross.no

Adr. Hausmannsgate 7
0186 Oslo

Red cross – “Network after serving time”.

post@nettverkettersoning.no

The Red Cross is a humanitarian organization whose work is driven by a desire to help others. It is committed to, and bound by, the fundamental principles of the International Red Cross and Red Crescent Movement and acts as the guardian of the Geneva Conventions.

The work is volunteer-based and organized to ensure that they can reach people in need quickly and efficiently. The Red Cross has local branches throughout Norway, while the Movement has a global reach through its network of volunteers.

Our prisons are working closely with the Red Cross visitor service enabling prisoners to have a conversation with someone outside the prison walls. These meetings take place once a week or once a month, depending on the prisoners need for contact. The visitors receive proper training in advance – both from the Red cross itself as well as from the security advisor in the prisons.

Red Cross also operate a volunteer group called “Nettverk etter soning/Network after serving time”. This group offer former prisoners a network upon their release from prison that can last from a couple of month up to several years.

Wayback

Managing director:
Johan Lothe
email: johan@wayback.no

Adr. Kristian Augustgt. 10
0164 Oslo

Wayback is an ideal organization putting down an effort for prisoners release process and reintegration to society.

They focus om coordinating the efforts between the different agencies such as social services, medical appointments, and drug rehabilitation.

This enables the prisoner to, on his own terms, find the transition between being incarcerated and living a life as a free man becomes less stressful. By helping to lessen the burden on the former prisoner, they believe the prisoner himself will be less likely to continue a life of crime.

AA – Alcoholics anonymous A worldwide community of woman and men, who share their experience, their strength and hope with each other – stay sober and help others to achieve the same goal.

NA – Anonymous drug addicts They are basing their theses on the 12 step program based on the experiences of the first members of the community.

Local agencies throughout Norway
Most prisons invite AA and NA to engage in meetings with prisoners on a regular basis.

Call center: 91177770

MIFF – Music in prison and freedom MIFF offers a variety of musical activity for people who are serving time in prison. These offers extend even after release.

**Musikk i Fengsel og Frihet
Musikkens studieforbund** They welcome all prisoners and former music experience is not needed – it will be provided and is an excellent way to learn playing an instrument.

Telefon: 22 00 56 00
E-post: miff@musikk.no
Postboks 4651, Sofienberg, 0506 OSLO
Several of our prisons operate a prison band.

“Gangsteryoga” Gangster yoga in Norway is an NGO under the umbrella of «Yoga for livet/Yoga for life»

Leder: Aleksander Medin
gangsteryoga.no
Tel. 90978888
Their long-term plan is to offer prisoners, former prisoners and youth on the outskirts of society an activity (yoga) to prevent them from succumbing to or returning to a life of crimes.

Gangster yoga emphasize on being human in contact with one self. Breathing through challenges by adapting certain moves that eventually leads to a mindful and peaceful clarity, making it easier to make the right choices (non-criminal) in the future.

Sammen for livet - Together for life Sammen for livet offers prisoners, during the last part of the sentence to take part of a project that provides work, education and work experience upon their release. This offer is based on the prisoners existing experiences, skills and abilities. This offer is individually based and tailored to fit the person in question.

Elveveien 36 – 3. etg. (lokalene til iFokus AS).

Veien tilbake – The road back Veien tilbake is enabling their participants to obtain new networks, positive experiences and exciting activities for those who have made a choice to leave drugs and crimes behind.

Managing director:
Håkon Holst
Epost: haakon@veien-tilbake.no
The purpose of Veien tilbake back is to integrate people who, for various reasons, have taken less fortunate choices in life, back into society.

They work mainly by mental coping with emphasis on physical activity, sports and outdoor life as well as assist as guards on various sporting events.

They strive to enable the former prisoner to become a positive contributor in his or her own life and a positive participant in the community. This is being done by introducing the participants to a network that operate on inclusion and trust.

Good experiences through physical activity are a key factor in Veien tilbake. Exercising and/or participating in one or more of the activities in their activity calendar, participating in walks in the woods and mountains, as well as working on various sporting events are some of the activities Veien tilbake offers its participants.

Veien tilbake has a focus on collaboration with several organizations, institutions, business and Public Institutions in order to provide the best possible offer to each participant.

Part of the work done by Veien tilbake is visits to prisons, as well as giving prisoners the opportunity to complete courses so that they can assist as guards on cycling events when they are in jail (low security).

Fretex – a division within the salvation army) Fretex is a social enterprise with a mission to give people reason to believe in the future. Its mission statement is to contribute to giving people job opportunities and to improve the environment through reuse and recycling.

Adr. Kobbervikdalen 71, 3036 Drammen
Fretex’ customer base contain among others: Judiciary system, Law enforcement, Lawyers offices, Child services, Doctors’ offices, Oil companies, Banks, Insurance companies, other waste management companies, and many more.

Call center: 23681170

Email: hei@fretex.no

Fretex is located in most Norwegian counties, working close with government agencies, private sector, donors and customers.

Fretex cooperate with Buskerud probation and halfway house in order to provide work experience for prisoner.
